

Finger Set

INFORMAL OPENING

SPEAR HAND – HIGH MIDDLE LOW

LEFT ELBOW RIGHT EYE STRIKE

RIGHT ELBOW LEFT EYE STRIKE

DOUBLE SPEAR

RIGHT EYE FLICK

LEFT EYE FLICK

RIGHT GROIN FLICK LOW

LEFT GROIN FLICK LOW

RIGHT TWO FINGER RAKE

LEFT TWO FINGER RAKE

RIGHT CLAW HIGH / LEFT CLAW LOW

LEFT CLAW HIGH / RIGHT CLAW LOW

RIGHT CLAW LOW / LEFT CLAW LOW

LEFT CLAW LOW / RIGHT CLAW LOW

RIGHT DOUBLE CLAW

LEFT DOUBLE CLAW

RIGHT TWO FINGER HOOK AND PULL

LEFT TWO FINGER HOOK AND PULL

INFORMAL CLOSE