

TAM TUI

1. Standard

Face 3:00, right swordhand at chest, left side fist extended

Turn to face 6:00, right traditional punch, left arm extended back (Standard Open)

Turn to face 3:00 into horse stance (don't raise head at all), left side fist, right elbow

Turn to face 6:00, right rolling backfist, left traditional punch (straight) as right goes back

Left outward (low, not above shoulder)

Left snap kick, set forward, left traditional punch

Turn to face 9:00, right side fist, left elbow

Turn to face 6:00, left rolling backfist, right traditional punch (straight) as left goes back

Right outward

Right snap kick, set forward, right traditional punch

Turn to face 3:00, left side fist, right elbow

Etc.

Do a total of four/eight/twelve times; at end of last one, you'll be facing 3:00, left swordhand at chest and right sidefist extended

2. Switch

Face 3:00, right downward into a chamber as step left into horse w/ left side punch (Side Open)

Switch (swing arms to end up with left behind and right in front, palms positioned as in standard open)

Switch again as you do a right snap kick, then set to face 9:00 with double side fists

Do a total of four/eight/twelve times; at end of last one, you'll be facing 3:00, right swordhand at chest and left sidefist extended

3. Lean

Standard open to 6:00

Turn back to face 3:00 and lean (right leg needs to be locked) w/ left sidefist, right elbow

Left outward, right corkscrew (right will be in a position like an upward, left like uppercut)

Left kick, set into standard open position, then lean (left leg locked) with right sidefist, left elbow

Right outward, left corkscrew

Right kick, set into standard open position, then lean with left sidefist, right elbow

Etc.

Do a total of four/eight/twelve times; at end of last one, you'll be facing 3:00, left swordhand at chest and right sidefist extended

4. Fireman=s Carry (only 6 times)

Step behind with right foot as switch hand positions (i.e., right swordhand at chest and left sidefist extended)

Step back with left foot as you do a left push, right chamber

Left hook, right hook over top of left

Turn to face 12:00 as do like wing sweep, with left hand high and right hand low; right outward

Right snap kick, set down facing 9:00; left swordhand at chest and right sidefist extended

Step behind with left foot

Step back with right foot as you do a right push, left chamber

Right hook, left hook over top of right

Turn to face 12:00 as do like wing sweep, with right hand high and left hand low; left outward

Left snap kick, set down facing 3:00, then attention with/ right swordhand at chest and left sidefist extended.

5. Hook Back

Standard open

Turn to 3:00, horse stance, do a right smother (past face) to 12:00 as you chamber left, then do a left uppercut, keep facing 3:00

Right backfist, left traditional punch to 6:00

Left outward, left snap kick, set forward with left foot

Turn to 9:00, horse stance, do a left smother (past face) to 12:00 as you chamber right, then do a right uppercut, keep facing 9:00

Left backfist, right traditional punch to 6:00

Right outward, right snap kick, set forward with right foot

Do a total of four/eight/twelve times; at end of last one, you=ll be facing 3:00, left swordhand at chest and right sidefist extended

6. Upward Punch

Side open

Face 12:00 as you do a left upward, right traditional punch

Right outward, right snap kick, face 9:00 with right sidefist, left chamber

Face 12:00 as you do a right upward, left traditional punch

Left outward, left snap kick, face 3:00 with left sidefist, right chamber

Do a total of four/eight/twelve times; at end of last one, you=ll be facing 3:00, right swordhand at chest and left sidefist extended

7. Chamber Push

Standard open

Right chamber, left palm cover right fist

Sweeping wings, right low, left high, palms extended (backs of hands facing each other)

Left outward, close right hand with left outward

Left snap kick, set to standard open

Left chamber, right palm cover left fist B touching

Sweeping wings, left low, right high, palms extended

Right outward, close left hand with right outward

Right snap kick, set to standard open

Do a total of four/eight/twelve times; at end of last one, you=ll be facing 3:00, left swordhand at chest and right sidefist extended

8. Punch Backfist

Standard open

Right cross punch (down to left side), as left hand drops to behind left side; arms locked, shoulders straight

Right snapping backfist, followed by right vertical outward (low)

Right snap kick, set to standard

Left cross punch, as right hand drops to behind right side

Left snapping backfist, followed by left vertical outward

Left snap kick, set to standard

Do a total of four/eight/twelve times; at end of last one, you=ll be facing 3:00, right swordhand at chest and left sidefist extended

9. Standard Jump (only 6 times)

Standard open

Just like Section 1, except after set down, draw to a left cat, and a right push block

Left punch with right snap kick

Jump switch to a right punch with a left snap kick, set forward, then right side punch with left elbow, then back into Section 1, other side, then draw to a right cat, and a left push block

Right punch with left snap kick

Jump switch to a left punch with a right snap kick, set forward, then left side punch with right elbow

Do a total of two/four/six times; at end of last one, you=ll be facing 3:00, left swordhand at chest and right sidefist extended

10. Hidden Man

Standard open

Set left foot back and set up left chop with right side fist extended

Left chop with left kick, set facing 9:00, right inward to downward, left upward

Switch, switch (left arm forward first)

Set right foot back and set up right chop with left side fist extended

Right chop with right snap kick, set facing 3:00, left inward to downward, right upward

Switch, switch (right arm forward first)

Do a total of four/eight/twelve times; at end of last one, you=ll be facing 3:00, right swordhand at chest and left sidefist extended

11. Kicks

[Note: Open with just one to 6:00; at end, just one to 12:00]

To 6:00, left upward, right eagle=s beak sidefist with right snap kick, set down to attention with left upward still in position, right chamber

To 12:00, right upward, left eagle=s beak sidefist with left snap kick; turn CW to 6:00, left eagle=s beak sidefist with left snap kick

Set to horse with right upward still in position, left chamber, facing 9:00.

To 12:00, left upward, right eagle=s beak sidefist with right snap kick, set down to attention with left upward still in position, right chamber...

(In pairs, always 12:00, 6:00; except just one at beginning and end)

Do a total of four/eight/twelve times; at end of last one, you=ll be facing 3:00, left swordhand at chest and right sidefist extended

12. Double Punch

Side open

Chamber both hands as face 12:00

Double punch, right outward

Right snap kick, set into horse, face 9:00, right sidefist, left chamber

Chamber both hands as face 12:00

Double punch, left outward

Left snap kick, set into horse, face 9:00, left sidefist, right chamber

Etc.

Do a total of four/eight/twelve times; at end of last one, you=ll be facing 3:00, left swordhand at chest and right sidefist extended