

Long 6

Formal Opening

X block high as you open heels / X block low as you open toes

Open hand chamber as you adjust heels to a square horse facing 12

While in a horse Double Blades to 9 then 3 (two knifehands)

Whirling Thorn 1:30 then 10:30 (weak to 10:30 power to 1:30)

Offer of Dust 9 then 3

Right 2 finger across right then left (crossing Darts)

Right cover hand left low chop to 1:30

Left cover hand right low chop to 10:30

Right outward left eye strike (Turning Flame-power)

Left outward right eye strike (Turning Flame-power)

Right middle knuckle rake left backhand block (Chinese Fan)

Left middle knuckle rake right backhand block (Chinese Fan)

Right deflection block circle-grab pull left hand chambers (Twisting Vine)

Left deflection block circle-grab-pull left hand chambers (Twisting Vine)

Left backhand block right hand grab (Uncovering the Flame A) Chamber hands

Right backhand block left hand grab (Uncovering the Flame A) Chamber hands

Left backhand blocks down right hand grabs (Uncovering the Flame B) Chamber hands

Right backhand blocks down left hand grabs (Uncovering the Flame B) Chamber hands

Uncovering the Flame (A)

Power to 12

Weak to 12

Tumbling Clouds (B)

Power to 12

Weak to 12

Spinning from the Sun

Power to 12

Weak to 12

Turning the Flame (A) Power to 6:00

Without moving feet **Turning the Flame (B)** Weak to 6:00

Turning the Flame (A) Weak to 6:00

Without moving feet **Turning the Flame (B)** Power to 6:00

Transition: Cross right foot behind left / left hand crosses on top of right turn to face 12

Cobra and the Mongoose

Transition: Cross right foot over left / cross right hand on top of left step out with left foot to 9

Cobra and the Mongoose

Weak to 3 / Cock two knife hands by your right ear step with right CCW to 6

Double Blades (D)

Power to 6

Weak to 6

Covering the Flame(A)

Power to 10:30

Transition: right foot over left to 4:30 both hands chambered

Covering the Flame (A)

Weak to 4:30

Chinese Fan

Power to 6

Right spins CW to 6

Weak to 12

Dance of the Mongoose

Power to 3

Weak to 9

Locking the Gate

Power to 4:30

Weak to 10:30

Offer of Dust

Power to 12

After the knee and hammer fist cross left foot behind right to 6

Offer of Dust

Weak to 12

Crossing Darts

Power to 9

Weak to 3

Whirling Thorn

Power to 1:30

Weak to 1:30

Sticks of Satin (A)

Power to 12:00

Weak to 3:00

After left kick set foot down to 10:30 both hands chambered step to 12:00 with right foot

Twisting Vine

Power to 12:00

Transition: right foot set back to 6 hands chambered

Weak to 12:00

Falling Blades

Power to 3

Stand up into a square horse facing 12

Ming's Sword

Power to 12

Weak to 12

Slapping Silk

Power to 12

Weak to 12

Close