

## Two Person Set

Opening: Step with the left foot out to 9:00 double open palms above head hands index fingers and thumbs touching. Bring them down to face level as you place palms together. Now drop the hands chin level as you make a fist with the right hand and cover the knuckles with the left. Circle both arms to the outside (right CCW/ left CW) as you slide the left foot in to the right.

- step with the right foot up to 1:30 as you back fist with the right hand. The left chambers
  - left steps to 10:30 as you do a right extended outward block. Now chop with the right hand
  - left steps CW to 1:30 as you do a right vertical outward to 7:30 followed by a left side fist
  - Left open hand blocks low to 7:30 right downward as you turn to a reverse bow
  - Cross the left over the right as you do a left claw, step out with the right to 7:30 as you do an over hand back fist
  - Clear with the right hand left foot steps to 6:00 left uppercut as right covers
  - Circle right hand CW to block chops the opponents left rib cage
  - step right back to 3:00 as you do a right deflection block left half fist to 9:00 turn horse
  - step left back to 3:00 right smother right thumb to 9:00
  - step forward to 7:30 right inward to 6:00 right reverse elbow to 9:00
  - step to 4:30 with the left, left palm heel blocking from left to right right palm to 10:30
  - right downward block to 1:30 while turning to reverse bow
  - right rear thrust kick to 10:30
- Close

## Right Side

Opening: Step with the right foot out to 9:00 double open palms above head, hands index fingers and thumbs touching. Bring them down to face level as you place palms together. Now drop the hands chin level as you make a fist with the left hand and cover the knuckles with the right. Circle both arms to the outside (left CCW/right CW) as you slide the left foot in to the right.

- Step with the left foot behind the right to 3:00, right inward left outward left side fist to 9:00
- double brush parry as you cross your right foot in front of the left to 7:30
- step left to 7:30 right back fist to 1:30 as you turn to face 1:30
- take your left hand and cross it under the right to hook a punch
- pull to a right cat, right front snap to set foot down across left to 7:30
- rotate CCW to horse chamber right left hand on top
- cross left foot behind right, left upward to 1:30, left side kick set to 1:30
- as you land in a square horse facing 3:00 do a left open hand rising block right push block down circle left hand CCW to chop the opponents neck right chambers
- low left parry as you pull the left foot to a cat
- step to 3:00 with the left in a side horse left one finger spear

- web right hand left elbow to 3:00
  - drop to a low horse, catch web right hand shop with the left
  - step right to 7:30 pull the left foot to a cat as left backhand smother to 1:30
  - left inverted web to 1:30 as you step left to 1:30
  - left steps to 10:30 parry left from left to right right palm heel to 4:30
  - right inside downward place two finger in the bend of the elbow vertical outward
- Close