

## Tiger

Opening: CW push block with the left hand to the right hip/ CCW ridge hand /CW backhand down to waist / bend wrist/open hand clear to the left side of the body being hand straight up for a backhand block/ parry across the face from left to right extended knife hand one finger up three pushes then spear straight turn wrist toward the little finger three times/stop on the third circle the hand CCW/grab reach to the right shoulder grab then chamber the hand CCW push block with the right hand to the left hip CW ridge hand/ CCW backhand down to waist bend/ wrist open hand clear to the right side of the body bring hand straight up for a backhand block parry across the face from right to left extended knife hand one finger up three pushes then spear straight out turn the wrist toward the little finger three times/ stop on the third circle the hand CW grab Reach to the left shoulder grab then chamber

As you chamber the right hand/punch with the left to 12:00 punch with the right as you chamber the left/ circle the right fist CW then chamber heel – toe – heel putting you in a square horse / double uppercut / double reverse elbows three pushes / slap front of legs / drop to a low horse double spear to 12:00 turn wrists toward little fingers three times / right to 3:00 left to 9:00 stop on third / circle the hands right CW left CCW ending with two knife hands one finger up extend the left hand straight out to 9:00 / the right will be bent at the elbow extend the right straight out to 3:00/ the left will be bent at the elbow looking straight to 12:00/ extend the left out to 9:00/ the right will still be extended to 3:00 cross hands low / right under left/ open hands block high circle / double spear waist level double claw to the left in a extended bow / double claw to the right in a extended bow left upward knife hand as right circles CCW to do a palm heel to 12:00 fingers down/ right claw half circle CW/ left claw full circle CCW / right claw full circle CW place backs of hands together/ circle to the inside/ chamber hands left leg check to 1:30/ right front snap kick to 1:30 set in a horse/ left push block down/ hard bow to 1:30 extend the left hand out to 1:30 / three pushes with the knife hand one finger up on the final spear end with the knife hand one finger up / take the right hand hook under the left arm right knife hand extends out to 1:30 turn horse left palm heel to 1:30 fingers pointing out toward 10:30 turn hard bow to 1:30 right push block turn horse a right rising upward circle the arm CW right palm heel to 10:30 rechamber low palm heel fingers pointing down grab to left hip and chamber right leg check to 10:30/ left front snap kick to 10:30 set in a horse/ left push block extend the right hand straight out to 10:30 hard bow three pushes with the knife hand/spear turn wrist three times toward the

little finger on the third stop circle CW end with the knife hand one finger up / take the left hand hook under the right arm / left hand extends out to 10:30 as you turn to a horse / right palm heel to 10:30 fingers pointing out toward 1:30 as you hard bow to 10:30 turn back to a horse as you do a left push block left rising block CCW / left palm heel to 1:30 rechamber low palm heel fingers pointing down grab to right hip and chamber cross left foot over right front snap kick to 12:00 left check followed by a right front snap kick to 12:00 set in hard bow two spear hands (wedge block) to 12:00 palm facing each other grab and pull to a cat with the right foot set right foot down at attention as you do a right inward block extend the left hand out to 9:00 as the left foot steps to 9:00 in a horse turn to face 9:00 right punch as you shuffle circle the right rising block over your head step in with the right foot right foot right chop to ribs right open hand upward knife hand left palm heel down to 9:00 step CCW with the left to 9:00/ right into a cat stance extended chamber the right hand left hand should be extended low step out with the right foot as you do a left inward right knife hand extends out turn to face 3:00 left punch as you shuffle circle the left rising block over the head step in with the left foot chop with a left open hand upward knife hand / right palm heel down to 3:00 stop back to 9:00 with the left foot left hand extended low/ right extended cat right left right uppercuts / left side fist / step up with the left foot to the right as you place left on the top of right / jump up turning to face 9:00 land on your right knee with a right smother block stepping out with the right foot to 12:00 do a right outward left middle knuckle circle hands CW step in with the left foot to 1:30 butterfly strike to 1:30 left on top step back to 7:30 with the left left claw pull to a cat with the right foot right claw step CW with the right around to 10:30 pull from 4:30 to 10:30/step with the left to 7:30 pull from 1:30 to 7:30 adjust with the left foot left elbow step back with the right foot right elbow step back with the left foot to 6:00 in a square horse facing 9:00 pull your right foot in to attention still facing 9:00 hands chambered step with the right foot to 3:00 putting you in a square horse facing 12:00